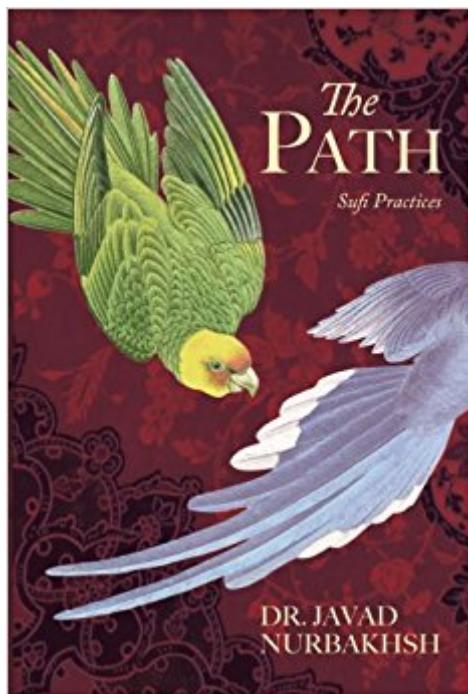


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# The Path: Sufi Practices



## Synopsis

To walk the pages of Dr. Javad Nurbakhsh's book "The Path: Sufi Practices" is to be taken away from everything but the truth. In a word, this is the Sufi way. Arguably, the most comprehensive account available of Sufism in the contemporary world, The Path's subject, aim and goal is the very transmutation of the heart itself. Never less than clear and practical, each essay takes us through the stages required of the initiated disciple in order to purify the ego, become free from psychological conflicts and be cleansed of egotistical qualities. Particular light is shed on the master/disciple relationship, as Dr. Nurbakhsh writes, "The master is the Noah of the ark of the voyagers of purity and the basis of illumination and revelation for those (disciples) who are faithfully carried away by the spiritual wind." If the Sufi's aim is to reach a state of selfless, constant remembrance of God, then, the Dhikr (the repetition of one of the names of God) is the key to its attainment. Dr. Nurbakhsh's book maps out in concise terms what it is to become emptied, to let go of negative emotions and to attain to a consciousness that polishes the heart. Sufism, we discover, is a mystical path towards the Truth where one is left with no provisions except love. Included is a rare glimpse into the Sufi ritual of Sama, described here as the practice of listening with the ear of the heart to music and poetry that might best be grasped as one being in a state so deeply plunged in love that there is no taint of self left in awareness. In this way, the sincere Sufi hears the call of God. This exceptional book is as much an educational tool as it is a manual for any seeker on the path of practical spiritual inquiry.

## Book Information

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## Customer Reviews

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The author, Dr. Javad Nurbakhsh, was the Master of the Nematullahi Sufi Order for over 55 years, prior to his death, in October 2008, at the age of 82. In addition to bringing the teachings of the Nematullahi Sufism to the West and other parts of the world, Dr. Nurbakhsh also wrote extensively on Sufism and was responsible for the editing, publishing and translation of many classic Sufi texts that have existed previously only in manuscript form.

If you are already a Darvish of any Tariqat, but especially the Nematullahi or other Persian orders, you will truly enjoy this book. If not a Darvish, you will learn quite a bit. If you are a lover of Sufi poetry, yet not an initiate, this book provides quite a bit of background. And if you are wanting to know the meaning for the deep symbology in the Sufi poems, the Master has written a large series of books describing it in great detail. This is absolutely the best introduction to Sufism and basic practices. Ya Haqq!

I have read many of Dr Nurbakhsh's books. This is by far my favorite. It eloquently explains the Sufi spiritual path in a manner that is accessible to anyone. The book provides not only an introduction to Sufism, but also gives insight into a "khaniqah", the meeting place for Sufis. The type of insight you will gain through this book is simple not available via a Google search.

This is the first book I've read about Sufism and served as an introduction to Sufi thought and practices for me. It's well-written and clear, and this book has given me a good, basic understanding of the topic, which I hope to use to continue learning about this fascinating mystical path. I really enjoyed the quotes from famous Sufi poets, which helped bring the teachings to life.

It can be incredibly difficult to find quality information regarding Sufi practices. "The Path" is one of the most comprehensive collections of information on Sufism. A must buy for anyone hoping to understand Sufism.

If you are in the Sufi Path, this book will be a great companion. If you are not, this book will open a door to the Wisdom of your Heart. Let the singing birds of your heart sing their song through you and bring harmony to the world with practices, contemplations and mystical understandings of the unfoldment of our soul in life.

Words to describe Sufism can only ever be garbage. Get the Book and Experience Your True Nature and may you never mistake the Home for the Home Builder. BTW I think Ahmed Hulusi is the guy to study if you are seeking some contemporary. [excuse my garbage]

The Path: Sufi Practices gives a great basic look at Sufi Practices and principles providing references directly from it's teachers and poets. It is a beautiful representation of the faith.

Great book!!

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